

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## MOSSER NURSING HOME

10:00 Morning Exercise - MDR 10:30 New Year's Stories - MDR 12 Noon movie - Channel 2 2:00 New Year's Word Games - MDR <small>New Year's Day</small>							<b>1</b>
10:00 Morning Prayer - MDR or Ch. 2 10:30 Hymn Sing MDR or Ch. 12 12 Noon Movie - Ch 2 2:00 Church Service - Ch. 2 3:00 Craft - MDR	10:00 Crossword In Room 1:00 Movie - Channel 2 1:30 Snack Cart In Room	10:00 Sit Fit - MDR or CH. 2 10:30 Travel Naples and Pompei 12noon - Movie - Channel 2 2:00 Bingo Caller - MDR	10:00 Chair Zumba - MDR 10:30 Music & Memories - MDR 12:00 Noon Movie - Ch.2 2:00 Snowflake stain glass coloring - MDR	10:00 Exercise - MDR 10:30 Trivia Fun - MDR 12:00 Noon Movie - Channel 2 2:00 Bingo - MDR	10:00 Balloon Volley - MDR 10:30 12:00 Lawrence Welk "Those Were The Days" - Channel 2 2:00 Tenzie Game MDR	10:00 Morning Devotional - In Rooms 1:00 Afternoon Movie - Channel 2 1:30 Snack Cart - In Room	<b>8</b>
9:00 Word Puzzle - In Rooms 1:00 Afternoon Movie - Channel 12 1:30 Snack Cart - In Rooms	10:00 Exercise - MDR 10:30 Are you smarter Then a 5 <sup>th</sup> grader- MDR 12:00 Noon Movie - Channel 2 2:00 Mitten Craft - MDR	10:00 Maze Game - In Room 1:00 Movie - Channel 2 1:30 Snack Cart In Room	10:00 Chair Zumba - MDR 10:30 Music & Memories - MDR 12:00 Noon Movie - Ch.2 2:00 Snowflake Painting - MDR	10:00 Exercise - MDR 10:30 who am I - MDR 12:00 "Sing Along with Beth" - Channel 2 2:00 Bingo - MDR	10:00 Exercise - MDR 10:30 Travel to NYC - MDR/Ch. 2 12:00 Noon Movie - Channel 2 2:00 Eggloo Craft MDR	10:00 Morning Exercise - MDR 10:30 Drama Club - MDR 12 Noon movie - Channel 2 2:00 Word Games - MDR	<b>15</b>
10:00 Morning Prayer - MDR or Ch. 2 10:30 Hymn Sing - MRD 12Noon Movie - CH. 2 2:00 Church Service - MDR or Ch. 2 3:00 Craft - MDR	10:00 Coloring Page In Room 1:00 Movie - Channel 2 1:30 Snack Cart - In Room <small>Martin Luther King Jr. Day</small>	10:00 Exercise - MDR 10:30 Which Happen Last - MDR 12Noon Movie - Channel 2 2:00 Dot to Dot Craft - MDR	10:00 Chair Zumba - MDR 10:30 Music & Memories - MDR 12:00 Noon Movie - Ch.2 2:00 Birthday Cupcakes - MDR	10:00 Exercise - MDR 10:30 Word Games - MDR 12:00 Noon Movie - Channel 2 2:00 Bingo - MDR	10:00 Word Search In Room 1:00 Movie - Channel 2 1:30 Snack Cart - In Room	10:00 Morning Devotional - In Rooms 1:00 Afternoon Movie - Channel 2 1:30 Snack Cart - In Room	<b>22</b>
9:00 Word Puzzle - In Rooms 1:00 Afternoon Movie - Channel 12 1:30 Snack Cart - In Rooms <small>Activity Professionals Week</small>	10:00 Word Search In Room 1:00 Movie - Channel 2 1:30 Snack Cart In Room	10:00 Sit Fit - MDR or CH. 2 10:30 Healthy You "More ZZZZ's" - MDR 12noon - Movie - Channel 2 2:00 Water Colors	10:00 Chair Zumba - MDR 10:30 Music & Memories - MDR 12:00 Noon Movie - Ch.2 2:00 Resident Council - MDR <small>Australia Day (observed)</small>	10:00 Exercise - MDR 10:30 Humor - MDR 12:00 Noon Movie - Channel 2 2:00 Bingo - MDR	10:00 Exercise - MDR 10:30 Trivia - MDR 12:00 Noon Movie - Channel 2 2:00 Tenzie Game MDR	10:00 Morning Exercise - MDR 10:30 Family Fued - MDR 12 Noon movie - Channel 2 2:00 Word Games - MDR	<b>29</b>
10:00 Morning Prayer - MDR or Ch. 2 10:30 Hymn Sing - MRD 12Noon Movie - CH. 2 2:00 Church Service - MDR or Ch. 2 3:00 Craft - MDR	10:00 Coloring Page In Room 1:00 Movie - Channel 2 1:30 Snack Cart - In Room	MDR = MAIN DINING ROOM					

ANY CHANGES TO THE ACTIVITY SCHEDULE WILL BE REFLECTED ON THE DAILY SHEET.